

TENNESSEE JUNIOR GOLF E-NEWSLETTER
Issue 70 - November 20 , 2006

HAPPY THANKSGIVING HOLIDAYS!

TN PGA Junior Golf Academy - 35th Anniversary

In 2007, the TN PGA Junior Golf Academy will be celebrating its 35th summer of camps and over 10,000 graduates. The Academy began in 1973 at Fall Creek Falls State Park and has evolved to include specialty camps and a special facility, Golf House Tennessee. Many graduates are now sending their own children for a week long overnight stay including great golf instruction, meeting new friends, and having fun. Camp will have some new direction under Director of Golf, Vikki Vanderpool, who will be acting Academy Director. The 2007 Schedule is listed below. Brochures will be mailed out soon and applications will be available online. [Please click here for more information](#). The Academy is an overnight camp for junior golfers ages 10-17. If you are interested in the programs and events for ages 4-17 conducted at Golf House Tennessee, that schedule will be released in January.

May 27 - June 1	Boys	\$695
June 3-8	Boys	\$695
June 10-15	Girls	\$595
June 17-22	Rob Akins	\$1,950
June 24-29	Boys	\$695
July 8-13	Boys	\$695
July 15-20	Co-Ed	\$695/\$595
July 22-27	Boys	\$695

Early Signing Period Closes

November 8-15, 2006 marked the early signing period for 2007 high school graduates to sign a Letter of Intent with the college of their choice. Below is a list of junior golfers and their choices. A complete list of nationwide signees may be found at www.njgs.com.

Boys

Brian Balthrop	Clarksville	Austin Peay
Andrew Brock	McMinnville	Lipscomb
Bailey Childress	Memphis	UT-Martin
Kyle Cothran	Soddy Daisy	Georgia Southern
Jonathan Fly	Memphis	Auburn
Blake Howard	Johnson City	Carson Newman
Tom Lathrop	Nashville	Iowa State
Caleb Marsh	Strawberry Plains	Western Carolina
Jonathan Martin	Franklin	UT-Martin
Jason Millard	Murfreesboro	MTSU
Wes Roach	Knoxville	Duke
Justin Walker	Greenbrier	UT - Knoxville

Girls

Jillian Brodd	Knoxville	University of Mississippi
Morgan Hale	Tullahoma	MTSU
Ashley Lance	Franklin	Michigan State
Emily Muse	Paris	Austin Peay
Calle Nielson	Nashville	University of Virginia
Lauren Spurlock	Germantown	Belmont University
Erika Thornton	Knoxville	Mississippi State
Catie Tucker	Ooltewah	Austin Peay

Ashley Wathan Bartlett

Austin Peay

New Range and Practice Facility Opens in Powell, TN

Target Golf is now open for business. If you live in the Powell, TN area, you have a new place to practice. Target Golf Practice and Training Facility is open daily from 9am to 9pm. They have a lighted range with target greens. Group and individual instruction is offered as well as membership plans. Check out their website for more information: www.targetgolf.net.

Eastern Kentucky University Premiers PGM Program

The PGA's Professional Golf Management University Program, a 4.5-year college curriculum for aspiring PGA Professionals is offered at 18 PGA accredited universities nationwide. The program provides students the opportunity to acquire the knowledge and skills necessary for success in the golf industry through extensive classroom studies and internship experience. The newest university to offer this major is Eastern Kentucky University, which is located in Richmond, KY. 2006-07 is the first academic year of this program. To learn more about the PGM program and a list of colleges where it is offered, please go to www.pga.com. To learn more specifically about the program at ECU, please contact Ms. Kim Kincer, Director College of Business and Technology Dept. of Management, Marketing, and Administrative Communication, (859) 622 4976, kim.kincer@eku.edu.

Golf Range Magazine Honors Four Tennessee PGA Members

Congratulations to Des Mahoney of Centennial Golf Practice Range in Oak Ridge, Zeb Patten of the Chattanooga Golf Center, Walt Chapman of Fairways and Greens Golf Center in Knoxville, and Stan Smoot of the Harpeth Valley Golf Center in Nashville. These four PGA members have been honored by Golf Range Magazine as a Top 50 Golf Instructor in America. This magazine is the official publication of the Golf Range Association of America. For more information, see www.golfrange.org.

TN Girls Golf Network Opens Online Pro Shop

The Tennessee Girls Golf Network has opened an exclusive online proshop for our members. We have everything from playing stats books, to gloves, to bags and golf balls. There is an option of purchasing beginner sets of clubs for girls as well as women's clubs for the older girls. We also offer girls the opportunity of ordering specialized items. Members can just log on to our website www.golfhousetennessee.com and look under Junior Golf to our Girls Golf Network page, and look at our proshop and place orders. To find out more about the TGGN, [click here](#).

IAGA Honors Adamson

Former USGA staffer Larry Adamson, who served more than 28 years in golf administration, became the 13th individual to receive the International Association of Golf Administrators Distinguished Service Award. The IAGA Distinguished Service Award recognizes service that exemplifies the IAGA's mission to "promote and conserve the best interests and the true spirit of the game."

The native of Pimento, Ind., was honored with the award Nov. 5 at the IAGA Annual Meeting in San Diego. Adams was the USGA's director of championship administration for 24 years and was responsible for handling thousands of USGA championship entry forms on an annual basis.

He retired from the USGA in September 2002, but remained in golf as the Special Olympics P.J. Boatwright intern for the Tennessee Golf Association in 2003. His background in coaching and teaching - he served in the public-education systems of Indiana and Tennessee for 12 years prior to joining the USGA - helped Adamson direct more than 400 Special Olympics athletes throughout Tennessee. Adamson lives in Franklin and still remains active as a TGA volunteer.

[Your 2006-07 State and National Competitions Calendar Update](#)

2007 events are being posted as soon as the dates are released. Don't miss out on your favorite event. Links for other Junior Tours available here too. [Click Here for current postings.](#)

[Tournament Results](#)

Junior Golfers are competing all across the country. Check out the top finishers in some events these past few weeks. Complete results can be found at www.njgs.com.

AAJGT - Windtree GC, Mt. Juliet, TN

1st	Lexus Keoninh	Murfreesboro	71-72	Boys High School
2nd	Steve Lee	Hendersonville	74-76	
1st	Amy O'Connell	Lebanon	93-87	Girls High School
2nd	Jordan Hollinshead	Old Hickory	97-87	
1st	Tucker Wallace	Dickson	79-78	Boys 7-8 Grade
2nd	Brendan Caballero	Brentwood	85-76	
1st	Sarah Harris	Hermitage	97-94	Girls 6-8 Grade
1st	Elliott Benson	Lebanon	99-101	Boys 5-6 Grade

College Bound Golfers.com Zelo City Championship - Ornado, FL

T30th	Austin Whitmer	Franklin	77-79	Boys 15-18
T40th	Jeff Slack	Knoxville	80-81	

IJGT - Braselton, GA

T7th	Ryan Thornton	Chattanooga	75-77	Boys 16-19
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USJGT - Bear Trace Tim's Ford, Winchester, TN

1st	Andrew Brock	McMinnville	67-76	Boys High School
2nd	Lexus Keoninh	Murfreesboro	74-73	
1st	Jennifer Newman	Brentwood	78-82	Girls High School
2nd	Ashley Haggard	Savannah	89-79	
1st	Blake Byrd	Arrington	79-85	Boys Junior High
2nd	Brendon Caballero	Brentwood	87-78	
1st	Quintin Scheitlin	Franklin	94-93	Boys Rising Stars
2nd	Chandler Scheitlin	Franklin	97-91	

USJGT - Thunder Bayou GC, Blytheville, AR

1st	Jared Stanfield	Cordova	75-79	Boys High School
3rd	Cameron Thomas	Germantown	83-77	
2nd	Emily Muse	Paris	85-83	Girls High School
2nd	Jordin Corchis	Germantown	81-86	Boys Junior High
1st	Nolan Kirby	Brighton	101-94	Boys Rising Stars
1st	Brooke Alford	Marion	91-87	Girls Rising Stars

AAJGT - Towne Lake Hills GC, Woodstock, GA

3rd	McKeehanon Rue	Athens	74-80	Boys High School
2nd	Patrick Clossin	Chattanooga	80-87	Boys 7-8 Grade

Optimist International Tournament of Champions - Palm Beach Gardens, FL

T9th	Dev Varma	Memphis	77-76	Boys 16-18
14th	Caroline Prebul	Signal Mountain	86-86	Girls 14-18

AJGT - Southern Resorts Showcase Classic - Destin, FL

3rd	Lauren Spurlock	Germantown	84-82	Girls 15-18
5th	Olivia Love	Columbia	85-84	
9th	Lindsay Taylor	Soddy Daisy	81-90	

Drill of the Week : from www.njgs.com

The purpose of this drill is to teach you to "get the ball to the hole". We have heard it a hundred times "Never up, never in" and this works on distance control.

Starting at three feet from the hole, drop a penny or some coin every three feet out to 18 feet. Then place two coins behind the hole, one six inches away and the other 17 inches away. Start at three feet and putt the ball so that, at the very least, it ends up between the two coins behind the hole. If it goes in fine, but if it is short or not between those two coins behind the hole, you have "missed the putt".

As long as you are successful keep going, one putt at each coin. But if you "miss" you start over at three feet again. The idea is to work your way out to 18 feet and then back again, always either sinking the putt or leaving it between the two coins behind the hole.

Nutrition Tip of the Week : Eat, Drink and Play Great Golf

A Nutritional Guide for Junior Golfers **by Susan Hill** (from www.njgs.com)

Proper nutrition is a vital component to the overall health and well being of a junior golfer. Paying attention to each child's physical well being is essential to playing better golf as well as protecting their bodies for the future. Good sound nutrition can provide the basis for stronger mental fortitude, thinking power, stamina and feeling great about who they are as individuals and as young competitors.

Recently, a new pyramid was introduced by the USDA which represents the dietary guidelines for today's youth. Let's take a look at how we can use this information for the benefit of our young athletic golfers.

According to the USDA, a healthy diet follows these simple guidelines:

- Emphasizes fruits, vegetables, whole grains, and fat-free or low-fat milk and milk products;
- Includes lean meats, poultry, fish, beans, eggs, and nuts; and
- Is low in saturated fats, trans fats, cholesterol, salt (sodium), and added sugars.

While the amount you eat daily can fluctuate based on gender, age and level of activity, here's some specifics you can use to get a fresh start with juniors. Eating healthy is a learned process that takes time and effort on the front end, until it becomes a way of life. Invest in this process by introducing new foods and choices at home that focus on simplicity and balance. Make sure a snack is eaten just prior to each afternoon lesson or practice session.

Most healthy snacks do not require cooking and can be prepared with a minimal investment of time in the kitchen. Involve juniors so they can learn to make choices for a lifetime of healthy eating. Build snacks using the new Pyramid starting with the grains group. Now, here's a few suggestions for quick and easy snacks.

- Whole wheat crackers or pretzels with cheese and an apple
- Granola bar with an orange

- Whole wheat tortilla wrap with Peanut Butter and Sliced Bananas
- Orange slices with a handful of dry- roasted nuts
- String Cheese with a handful of Whole- Wheat Crackers
- Sliced Apples with Laughing Cow Cheese Wedges
- Small Cup of Applesauce (prepackaged) with Almonds
- Low fat Yogurt and a Handful of Trail Mix
- ½ Whole Wheat Bagel with Lean Roast Beef or Turkey Slices
- Frozen Grapes with Sliced Cheese
- Yogurt with Raisins and Almonds

Enjoy good nutrition, good health and great golf!

Tip of the Week :

Check out Golfweek's Junior Extra area of their website. Go to www.golfweek.com/juniorextra . You can find tournament schedules, rankings, features, columns, and the new Blog Jr.

Rule of the Week: Knowing the Rules

It may be uncomfortable at times, but enforcing the Rules of Golf is essential to protecting yourself, the field and the integrity of the game. PGA Director of Instruction Rick Martino tells you how to handle rules infractions.

Golf can be a very frustrating, even maddening game. Bobby Jones once said that it is, "very often a game that cannot be endured with a club in your hands." Unfortunately, Jones spoke from experience. As a youngster, he had a reputation for throwing clubs that once earned him a letter of reprimand from the United States Golf Association (USGA).

Displays of frustration are one thing, but outbursts of temper are quite another. Yelling, screaming, throwing clubs or otherwise making a fool of yourself are unacceptable and, in some cases, dangerous to yourself and others. Not only will it have a negative effect on your scoring, but it can also cause you to develop a bad reputation that prompts other golfers to avoid playing rounds with you in the future. So, try to stay under control at all times.

As a player, you have a responsibility to learn and understand the Rules of Golf. They can be confusing, but it's important that you follow them to the best of your ability.

Five of the most common Rules deal with out-of-bounds, lost balls, unplayable lies, cart paths and water hazards. Since these Rules need some further explanation, I encourage you to download A Summary of the Rules of Golf on the "Rules and Etiquette" section of www.playgolfamerica.com . Also, if you would like to download the detailed and official Rules of Golf book, log on to www.usga.org .

Taking Responsibility for Your Actions on the Golf Course

If you find yourself playing in a tournament, you have an obligation -- even a responsibility -- to the rest of the field to see that the Rules are followed completely.

Thankfully, it is extremely rare to see instances of cheating or overlooking the Rules. At every level of the game, players pride themselves on the fact that golf is a self-policing game.

For example, later on in life, Jones was playing in the 1925 U.S. Open at Worcester (Mass.) Country Club. As he prepared to play a shot from the deep rough, he noticed that the ball moved when he addressed it. Jones called a one-stroke penalty on himself, and was forced into a playoff with Willie Macfarlane, who went on to win.

Later, when a report praised Jones for his sportsmanship, the great Champion bristled. "There's only one way to play the game, and that's by the Rules," he said. "You might as well praise a man for not robbing a bank."

If you have the unfortunate experience of seeing someone violate the Rules, you have an obligation -- however unpleasant -- to point out the violation as politely as possible. If the player protests his or her innocence, don't make a big deal about it. Simply refer the matter to the tournament committee for their resolution.

Something similar to this happened to Michelle Wie at the 2005 LPGA Samsung World Championship. Wie incorrectly interpreted a Rule during the third round, and illegally dropped a ball closer to the hole on No. 7 than her original lie.

Incredibly, the violation was not pointed out until one day later, when a reporter told officials about it shortly after Wie signed her scorecard to complete the final round. She was disqualified for signing an incorrect scorecard, which erased what would have been a fourth-place finish.

Bottom line is Rules are made for a reason. Respect the Rules, and abide by them. If you have a Rules question during your round, you can always consult your local PGA Professional for clarification or a Rules official if you are playing in a tournament.

Golf House Tennessee

GHT houses all the major golf bodies in TN. The TN Golf Foundation's goal is to preserve the game of golf and its future in TN. The Tennessee Golf Association runs competitions and programs for amateur golfers ages 4-104. The Tennessee Section of the PGA conducts the business and competitions for over 400 golf professionals in our state. The Little Course at Conner Lane is open to the public March through December. The staff conducts countless junior golf programs, events and overnight camps. Finding the information you are looking for can get confusing. Hopefully this chart will help with your search.

Subject	Phone Number	Contact Name	Website
Golf Instruction and Programs - juniors	615-790-7600	Kate or Cody	Click Here
Golf Instruction - adults	615-790-7600	Vikki	
TN PGA Junior Golf Academy	615-790-7600	Vikki	Click Here
TGA Junior Tour	615-790-3336	Steve or Lissa	Click Here
TGA Junior Am Championships	615-790-7600	TGA Department	Click Here
Westfield PGA Jr Championships	615-790-3336	Lissa	Click Here
Other Junior Competitions	615-790-3336	Lissa or Steve	Click Here
Handicaps	615-790-7600	Lynne	Click Here
Improve Your Game Programs	615-790-7600	Dori	Click Here
The First Tee TN Chapters	see website		Click Here
Women's Golf	615-790-7600	Dori	Click Here
College Golf	615-790-3336	Lissa	Click Here

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