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October 2011

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### College Day Moved to January 2012! Don't Miss It!

Sign up soon! College Day seminars are given by the Tennessee Golf Foundation and area college coaches. The first part of the program features a power point presentation that takes attendees through the odds of playing in college, competitive divisions offered, academic requirements and eligibility, recruiting rules and resources, school visits, scholarships, etc. The second part of the program consists of a Q & A with college coaches.

This is not a recruiting opportunity but a session where attendees will leave with a better sense of the process and how to navigate the confusing world of college athletics. Players ages 12 and up are encouraged to attend. It is free of charge but each attendee must have an application on file so we can plan accordingly.



[Click here](#) for an application to be posted soon.

[Click here](#) to see a list of current college players from Tennessee.

[Click here](#) to see a list of all the college golf programs in Tennessee.

The early signing period for NCAA golf begins November 9 through November 16. The regular period starts April 11, 2012. If you are a senior and sign to play college golf, please e-mail us so we can include your committment in future newsletters. [tnjuniorgolf@pgahq.com](mailto:tnjuniorgolf@pgahq.com)

### LPGA Bound?

Congrats to Callie Nielson of Nashville who has successfully competed Stage II of LPGA qualifying school. She shot scores of 69,72,72,74 for a T25th. The top 70 players advanced to the final stage



which will be played at LPGA International in Daytona Beach, FL in late November / early December. [Click here](#) to see all the scores.

Picture to the right is Callie competing in the recent USGA State Team competition.



### Dr. Mark Guadagnoli Is Giving Away His Book!

Why? Because he believes information should have no barriers. He wants you to enjoy the book and he doesn't want money to stand in your way. And, for anyone who buys the book in 2010, 100% of the profits from book sales will go to charity.

Dr. Mark Guadagnoli has been a university Professor for nearly two decades and has taught and lectured at several universities including Arizona State University, Harvard University, UCLA, UNLV, and USC. He specializes in human performance and learning and has received numerous awards for this work (3-time Student of the Year at Auburn University, multiple time Teacher of the Year and Researcher of the Year).



[Click here](#) to learn more and download the book for free!

### 2011 State Championships Complete!



All four of the 2011 TSSAA State High School Championships are in the books. Willow Brook GC in Manchester was the host for all 4 events.

The weather held out until the final day when the Boys DII championships were shortened to 18 holes due to inclement weather and darkness. The girls finished all 36 holes. Congratulations to the following winners:

#### **D I A-AA Team Champions**

Boys - Notre Dame 607  
Girls - Signal Mountain 322

#### **D I AAA Team Champions**

Boys - Hendersonville 590  
Girls - Clarksville 303

#### **DII A Team Champions**

Boys - Evangelical Christian School 299  
Girls - University School of Nashville 322

#### **DII AA Team Champions**

Boys - McCallie 283  
Girls - Ensworth 312

#### **DI A-AA Individual Champions**

Boys - Dowling Armstrong, David Lipscomb 72-66  
Girls - Marlee Ingham, Creekwood 76-71

#### **DI AAA Individual Champions**

Boys - Tyler Guy, Rossvieview 67-71  
Girls - Emily Williams, Lawrence Co. 71-74

#### **DII A Individual Champions**

Boys - Connor Davis, SBEC 67  
Girls - Sara Garmezzy, USN 74-82

#### **DII AA Individual Champions**

Boys - Gordon Hulgan, McCallie 69  
Girls - Alexandra Farnsworth, Ensworth 71-74

[Click here](#) for all the results.

### **Update on TGA Junior Player of the Year**

As 2011 winds down, so do the TGA Junior Amateur Player of the Year rankings. There are only a few events left to award points. A new male Player of the Year will be crowned in 2011 since 2010 winner, Marshall Talkington is now in his sophomore year at UT Knoxville and no longer eligible. Zach Olsen of Cordova is leading the boy's race with 513 over Carson Jacobs of Hendersonville who currently has 441 points. Ben Wolcott of Burns is still in the hunt with 419 points.

In the girl's division, two time Player of the Year, Kendall Martindale of Jefferson City, leads with a whopping 700 points. Sarah Harris of Hermitage trails with 506 points.

To see all the rankings, please [click here](#).



### **Halloween Treat - October 29th!**



The last event of the season is upon us at Golf House Tennessee. The date is Saturday October 29 with a 9am shotgun start. The Halloween Treat is a nine hole adult/junior event for ages 4-13 played on the Little Course at Conner Lane. Wear a costume and subtract 3 strokes from your final score! All ability levels welcome. The format is a modified alternate shot. Lots of fun! [Click here](#) to find out more and register.

### **Buffalo Junior Golf Fall Open - December 3rd**

Cattails @ Meadowview in Kingsport is hosting a junior tournament on December 3rd. All proceeds go to benefit The First Tee of TriCities.

This is a one day stroke play event for boys and girls 18 and under. There are several age groups



and trophies are awarded to the top 3 finishers in each division.

Please [click here](#) for the official application.

### An Epidemic of Injuries Plague College Athletes

by Libby Sander

Just 20 years old, the softball player had already endured six knee surgeries when her right arm went numb after throwing to home. Doctors diagnosed a separated shoulder, and Samantha Puzey had yet another round of surgery. Now she spends 15 hours each week with an athletic trainer at the University of Nevada at Reno, struggling to strengthen that stiff shoulder. She still can't throw. And in cold weather, she feels a knifing pain in her arthritic knee.



For many athletes like Sam Puzey, college sports is riddled with chronic injuries that continue to vex the players throughout their college careers. Athletic departments at all levels of the NCAA report a steady rise in overuse injuries as athletes arrive on campus increasingly worn down from high-octane, year-round experiences in a single sport.

[Click here](#) to read more.

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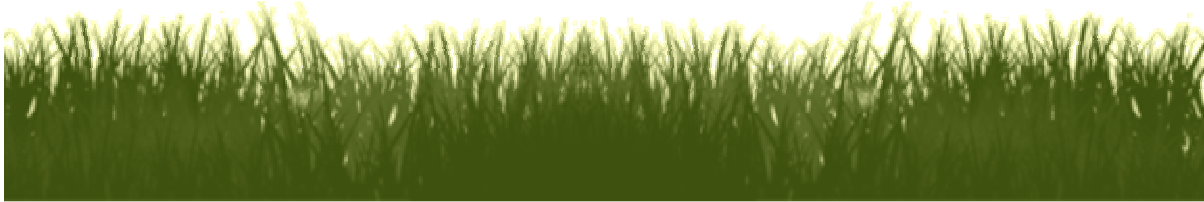
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The First Tee Nashville	Ashley	615-880-1720	<a href="#">Click Here</a>

The First Tee Smyrna	Hal	615-459-2666	<a href="#">Click Here</a>
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