

TENNESSEE JUNIOR GOLF E-NEWSLETTER
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Girls Save the Date of the BBGGF

The BBGGF is the Bonnie Blackburn Girls Golf Fest scheduled for the weekend of April 28-30, 2006. Bonnie Blackburn (1917-2004) was an avid golfer for over half a century. Her enthusiasm and passion for the sport was known throughout Tennessee, particularly in the Knoxville area where she resided. She has been involved not only with the Tennessee Golf Association, but Knoxville Area Women's Golf and an avid follower of NCAA Women's golf, always rooting on The Lady Vols. May her passion for the great game of golf inspire junior girls for generations to come. In honor of Bonnie, the TGA has created a wonderful weekend of golf and fun for the girls of Tennessee. More information will be forthcoming in a future newsletter. You may review the schedule and pictures from the 2005 event by [clicking here](#).

Callaway PGA Junior Series Announces 2006 Schedule

The 2006 Callaway Golf PGA Junior Series will celebrate its 11th consecutive year of providing affordable and competitive golf for juniors ages 13-18, featuring five new sites in a 10-state summer coast-to-coast schedule. Each Series event will feature a field of approximately 156 players. Juniors may enter as often as they wish. Each event will consist of boys' and girls' divisions, with approximately one-half of the field from competitors residing within the host section of the country. One boy and one girl winner of all 10 events will receive an exemption into the Westfield Junior PGA Championship, and all 10 events will be included in the Junior Ryder Cup points system for the Junior Ryder Cup at Celtic Manor Resort. Applications will be available February 1, 2006. For more information, please see www.pga.com.

May 30-June 1	Kearney Hill GC	Lexington, KY
June 7-8	Clemson Univ. GC	Clemson, SC
June 13-15	Duke University GC	Durham, NC
June 19-21	Cannon Ridge GC	Fredericksburg, VA
June 26-27	Shaker Hills GC	Harvard, MA
July 6-7	Santa Anna GC	Albuquerque, NM
July 11-13	Air Force Academy GC	Colorado Springs, CO
July 17-18	Elmcrest CC	Cedar Rapids, IA
July 24-26	The Hawthorns G & CC	Indianapolis, IN
July 31- Aug 2	Westbrook CC	Mansfield, OH

Best of Preps Announced

Each year, Tennessee's major newspapers name a "Best of Preps" golf team. Below are the teams that have been named for Memphis, Nashville and Chattanooga.

Memphis Commercial Appeal Best of Preps

Jeff McCalla	Bolton	Girls Coach of the Year
Kellye Belcher	Bolton	Finalist
Abby Irwin	Germantown	
Sarah Mathews	St. Agnes	
Lauren Spurlock	SBEC	
Danielle Terrell	White Station	
Corlis Armmer	Hamilton	All-Metro Girls
Ashley Averitt	Bolton	
Danielle Forrest	St. Benedict	
Becca Godman	St. George's	

Caroline Hill	St. Agnes
Sarah Jones	Lausanne
Amanda Martin	Hutchison
Ashley Wathan	Bolton
Abby Whipple	St. George's

Kevin Gaylord	Houston	Boys Coach of the Year
Jack Belote	Bolton	Finalist
Jonathan Fly	ECS	
Bobby Hudson	MUS	
David Lawrence	Houston	
Alex Snyder	MUS	
Josh Cali	Bolton	All-Metro Division I Boys
Jacob Crowl	Houston	
Bryan Glover	Brighton	
Brian Henson	Bolton	
Daniel Hill	Houston	
Marcus Lomax	Germantown	
Preston McClellan	White Station	
Clay Myers	Germantown	
Derek Myers	Houston	
Zach Smalley	White Station	
Paul Zampini	Houston	
Daniel Brown	MUS	All-Metro Private Schools Boys
Wesley Carver	ECS	
Bowers Clement	MUS	
Reis Costa	CBHS	
Drew Frisby	MUS	
John Foley	CBHS	
Todd Heinz	ECS	
Joe Kinsella	FACS	
Taylor Lucas	Briarcrest	
Brandon Mundie	Harding	
Parker Rush	SBEC	

Chattanooga Times Free Press Best of Preps

Brooke Pancake	Baylor	Girls Player of the Year
Don Holwerda	Chat. Christian	Girls Coach of the Year
Jordan Britt	GPS	Girls First Team
Natalie Foster	Boyd Buchanan	
Sara Grantham	Baylor	
Patricia Masick	Chat. Christian	
Caroline Prebul	Baylor	
Lindsay Taylor	Soddy Daisy	
Katie Brown	Cumberland Co.	Girls Second Team
Leah Hagedorn	Baylor	
Amelia Morgan	GPS	

Kaitlynn Reed Rhea Co.
Stephanie Vandergriff Soddy Daisy

Harris English	Baylor	Boys Player of the Year
King Oehmig	Baylor	Boys Coach of the Year
Kyle Cothran	Soddy Daisy	Boys First Team
Don Franklin	Baylor	
Hunter Green	Rhea Co.	
David Poss	McCallie	
Derek Rende	Soddy Daisy	
Jay Vandeventer	Baylor	
Nick Blakely	Ooltewah	Boys Second Team
Brett George	Soddy Daisy	
Jeremy Lawson	Hixson	
Keith Mitchell	Baylor	
Jonathan Swader	Chat. Christian	
Ryan Thornton	Baylor	

Nashville Tennessean's Best of Preps

Lauren Stratton	Independence	Co-Player of the Year
Ashley Lance	FRA	Co-Player of the Year
Sara Hunt	Columbia Central	First Team
Katy Ferrell	FRA	Second Team
Callie Nielson	USN	
Katie Pursell	Goodpasture	
Morgan McQuary	Independence	Third Team
Neelam Patel	Clarksville	
Hannah Weathersby	Franklin County	

Joe David	Goodpasture	Player of the Year
Tyler Cassetty	Jackson Co.	First Team
Ray Gephardt	Goodpasture	
Cameron Lawrence	Brentwood	
Drew Miller	Clarksville	
Brian Balthrop	Clarksville	Second Team
Steven Fox	Hendersonville	
Andrew Green	East Robertson	
Jason Millard	Riverdale	
Clay Mitchell	FRA	
Derek Cates	Tullahoma	Third Team
Matt Harris	Brentwood	
Dilan Patel	Clarksville	
Cody Rager	Goodpasture	
Justin Walker	Goodpasture	

Your 2006 State and National Competitions Calendar Update

2006 events are already set. Check the calendar and start planning your tournament schedule.
[Click here for current postings.](#)

Winter Results

Junior Golfers are competing year round now. Check out the top finishers in some events these past few weeks. Complete results can be found at www.njgs.com.

PJGT - TPC Myrtle Beach

1st Kendall Martindale Jefferson City 80-75 Girls 12-14

PJGT- Innisbrook, FL

2nd Clay Mitchell Franklin 84-80 Boys 16-19

4th Alexa Payne Dandridge 103-102 Girls 12-14

2nd Jessica Tarbet Corryton 84-84 Girls 15-19

Drill of the Week - from *Golf Digest's Ultimate Drill Book*

The Torso-Twist Drill. Here is another good drill you may do indoors. The goal of this drill is to coil and uncoil your body to the max and enhance the balance and rhythm of your swing motion. Take your normal driver address position. Next, place a club behind your back and hold it in the crooks of your arm. Next, squeeze or tighten your abdominal muscles. Then, while breathing normally, slowly turn your entire torso to the right; hold, then turn your torso slowly but fully to the left. Also, make certain to keep both shoulders back and your spine straight (not slumped), which will enable you to reap the greatest rewards. The book suggests that you start out for one minute, or 10 repetitions in both directions. Later you can increase the number of repetitions as you slowly increase flexibility and coil. You should see an increase in power and distance, especially off the tee.

Tip of the Week: Resolve to Focus on the Present

If you haven't made all your New Year's Resolutions yet, here is a good one to think about. Many of us tend to dwell too much on what has already happened on the golf course and not focusing on our next shot. There is nothing you can do to change the past, but you can focus on the present. There is no reason to still be upset about a shot that happened two holes ago when you have a birdie putt now. Many of you have heard of Dr. Bob Rotella, author of "Golf is not a game of Perfect", let me leave you with two quotes from the book that should frame your New Year's Resolution in 2006:

1. "On the first tee, a golfer must expect only two things of himself: to have fun, and to focus his mind properly on every shot."
2. "Golfers must learn to love the challenge when they hit a golf ball into the rough, trees, or sand. The alternatives - anger, fear, whining, and cheating - do no good."

Rule of the Week:

On the putting green, a competitor addressed his ball. He stepped away from the ball, marked its position, lifted it, and replaced it. Before he addressed the ball again, wind caused it to move. He played the ball from its new position. What penalty, if any, does the competitor incur?

- A. None, and he must play the ball as it lies.
- B. One stroke, and he must replace the ball.
- C. One stroke, and he must play the ball as it lies.
- D. Two strokes, and he must replace the ball.

If you have watched any of the PGA Tour events in Hawaii the past two weeks, you will notice that many of the competitors are not grounding their putters on the putting green. The wind has been so strong that it is causing balls at rest to move. Under the Rules, neither wind nor water is an outside agency, so you are not penalized if they move your ball. A player is penalized one stroke if he addresses the ball and his ball moves. He must replace the ball. After address on the putting green, a player may mark and lift his ball and replace it and is deemed not to have addressed the ball until he does so again.

The answer is A. There is no penalty if wind causes your ball to move and it is played as it lies when comes to rest. Even if the wind blew the ball into the hole, you are deemed to have holed out with your last stroke.